

# Intentional Discipleship Training



*"Over the years, you tend to rely on "auto-pilot" and you find that you are not growing beyond a certain level. Going through IDT helps us get back to the basic... It helps us to really put the Word in our hearts, in our minds – through the 2 years, as trials come, a reminder of God's promises in our hearts keeps us going."*

**Tan Siang Yu, IDT Graduate**

*"So what is the benefit of a married couple going through IDT? Throughout the IDT journey, we realize one thing – that the values and teaching in IDT has helped our marriage life in a sense that we come to a common understanding of our spiritual values..."*

**Melvin and Iris, IDT Graduates**

**The desired outcome of IDT:**

Growing into an Authentic Discipleship &  
Intentional Disciple-making of A Certain Kind

### *Why IDT?*

- Because we don't TRY to be a disciple, we TRAIN to be a disciple.

### *What can you expect from this 2-year life-transforming pilgrimage?*

- Inner Life Focus, Distinctive Core Curriculum for Discipleship, Transformational Personal Disciplines
- Biblical, personal and impactful learning and strategies for the art of godly living.
- 3 semesters of inspirational modules: Word & Kingdom, Roots & Wings, and Leading from the Inside Out; and appreciation of ministry applications in 4<sup>th</sup> module
- Empowering small-group community life of same gender participants
- "Day with Jesus": an experiential and rewarding Quiet Day of Prayer
- Read through the bible in 2 years with the Kingdom of God & redemption story perspectives
- Participation in IDMC Conferences (for 2017 & 2018 at own fees) with post-conference discussions

### *What are the learning supports at IDT?*

- Teaching faculty includes senior pastors, pastoral and ministry staff and lay leaders. For 2017, Ps Chua Chung Kai will anchor the full semester of teaching for "Word & Kingdom".
- Module leaders include Ps Chua Chung Kai and Ps Adrian Chan
- Printed resources (*helpful for those with occasional travel*)

### *Duration, Time and Place:*

- Monday nights, 7.30 – 9.30pm (no classes during MOE school vacations)
- 15 sessions per half year (for 1<sup>st</sup> 3 semesters)
- Conducive learning environment at ACKCentre, CT Hub, 2 Kallang Ave, Level 10, S(339407)

### *Who can join IDT?*

- CEFC CG member who is at least 2 years in the Christian faith.
- Participants must agree to join as a CEFC constitutional member by end of 2017.
- HIGHLY RECOMMENDED that you attend either the Men's, Women's or CYAN Breakthrough Weekend (BTW) before joining IDT in 2017. Otherwise, please come for BTW in 2017.

**Module 1: Word & Kingdom**

S1	Eightfold Core Curriculum in Disciplemaking
S2	Busyness, Boredom & Barrenness
S3	PDA in Action 1
S4	PDA in Action 2
S5	Building a Word-Centered Disciple
S6	Seeing the BIG Picture
MSR	Mid Semester Review
S7	Understanding the forms: Genre Study
S8	Word pictures: Metaphor Study
S9	Playing with Words: Word Study
S10	Choose your topic: Topical Study
S11	Similarities & Differences: A Study of Contrasts
S12	Growing Deeper in the Word
DWJ	Day with Jesus (Quiet Day Prayer)
MT	Semester Final Test

**Module 2: Roots & Wings**

S1	Overview of Roots & Wings
S2	The Presence of an Absence
S3	Let God be God
S4	Who's Really in Charge?
S5	Going Beyond the Self
S6	The Power of the Telic
MSR	Mid Semester Review
S7	Values: Living for What Really Matters
S8	Putting First Things First
S9	Securing a Lifeline
S10	Building Deep
S11	Passing it On
S12	Finishing Well
MT	Semester Final Test

<b>Module 3: Leading from the Inside Out</b>	
S1	Living for What Really Matters
S2	Ordering Your Private World
S3	Caring for Your Soul
S4	Breaking The Lies We Believe
S5	Mapping Your Journey
S6	Crossing Bridges
S7	Leading from The Inside Out
MSR	Mid Semester Review
S8	The Primacy of Mentoring
S9	The Principles of Mentoring
S10	Cultivating Perspectives
S11	Cultivating Posture
S12	Cultivating Pragmatics
S13	Cultivating Power
MT	Semester Final Test
<b>Module 4: Ministry Appreciation</b>	

*How to register for IDT ?*

- Download Application Form from [www.cefc.org.sg](http://www.cefc.org.sg) or enquire at Information Booth.
- Email [idtadmin@cefc.org.sg](mailto:idtadmin@cefc.org.sg) for enquiries or financial assistance.
- Closing date of registration: 13 November 2016 (Sunday)
- Fee S\$100 per person per year (consisting of 2 modules per year)

**Invest in your spiritual growth today!**

**COVENANT** EFC