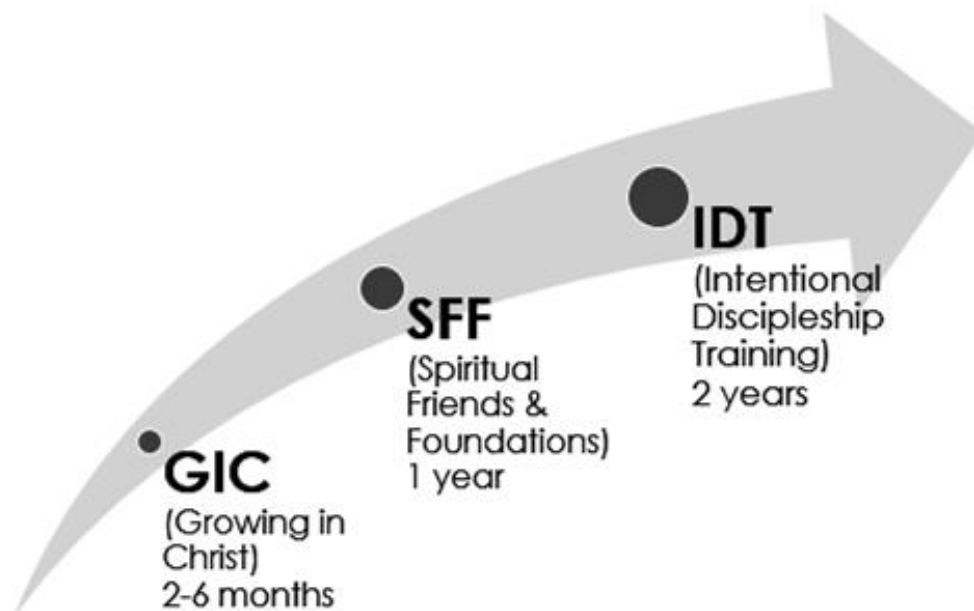


SPIRITUAL FRIENDS &



FOUNDATIONS

Journey of an Intentional Disciple



SFF DISCIPLESHIP VISION - To produce disciples who have:

- A basic understanding of God's redemptive plan and a growing love for God's Word
- An experiential knowledge of a Spirit-filled life and the power of prayer
- A strong commitment to a small group community in the local church
- A compassion for unbelievers and the ability to engage them in conversations regarding life and the Gospel of Jesus
- A conviction, vision and passion to make disciples wherever God sends them

SFF DISCIPLESHIP ENVIRONMENT - Group members cultivate together a discipleship environment that promotes:

- Genuine friendships in the Christian faith pilgrimage
- Acceptance, authenticity and accountability in the journey of growing together as disciples of Christ
- Love for God and obedience to His commands
- Trust in God and a preference for His will over our own
- A dependence on God's wisdom and power for all our life situations

SFF DISCIPLESHIP PROCESS - Integrating a lifelong discipleship process and personal disciplines into the disciples' lives:

- Daily Bible reading (guided one-year plan)
- Daily prayer (using a simple prayer hand framework)
- Devotional journaling (recording reflections for application and review)
- Scripture memory (six sets of Memory Verses per Module)
- Small group life (shared faith journey and loving accountability)

These disciplines are needed structures for spiritual growth because they help us to encounter God through His Word and His Spirit. Transformation takes place when we encounter God!

KEY SFF GOALS:

- Daily walk with God – worship, Word and prayer
- Word-centred and Spirit-filled life
- Spiritual friendships with like-minded disciples
- Commitment to a small group community in church
- PDA lifestyle and disciplinemaking lifestyle
- Vision for making disciples of all nations

SFF MODULES:

Module 1: Following Christ and Basic Discipleship	
S1	What Does It Mean to Be a Follower of Christ?
S2	Why and How Should I Keep A Daily Quiet Time with God?
S3	Why and How Should I Pray to God?
S4	Why and How Should I Study and Memorise God's Word?
S5	Why and How Should I Commit to Christian Fellowship?
S6	How Do I Faithfully Steward My Life and Serve God?
Review	Memory Verses Quiz and Tea Fellowship
Module 2: Prayer Life and Spiritual Warfare	
S1	Practising Silence and Solitude: What, Why and How? Includes a Practicum
S2	What Are the Various Types of Prayer?
S3	How Do I Intercede in Prayer for Others?
S4	How Do I Intercede in Prayer for Others: A Practicum
S5	Engaging in Spiritual Warfare: What, Why and How?
S6	How Do I Experience Freedom in Christ?
Review	Memory Verses Quiz and Tea Fellowship
Module 3: PDA Lifestyle and Conversations That Connect	
S1	What Is the PDA Lifestyle and My Evangelism Style?
S2	How Do I Share My Personal Testimony in Four Minutes?
S3	How Do I Share the Gospel in Four Minutes?
S4	How Do I Initiate Spiritual Conversations?
S5	How Do I Hear and Illuminate Discrepancies?
S6	How Do I Uncover Barriers and Build Bridges?
Review	Memory Verses Quiz and Tea Fellowship
Module 4: Spiritual Formation and Spiritual Nurture	
S1	What Is the Inner Life and How Do I Grow It?
S2	How Do I Meditate on Scripture?
S3	Implementing a Rule of Life: What, Why and How?
S4	Why Should I Nurture New Believers?
S5	What Are Some Common Problems Faced by New Believers?
S6	How Do I Effectively Nurture a New Believer?
Review	Memory Verses Quiz and Tea Fellowship

SFF VENUES, TIME AND FEES

- ACKCentre, Thursdays, 7.30-9.30 pm, Jul 2017-May 2018
- **Module 1 is Free of Charge**
- The total fee for Modules 2-4:
 - ❖ S\$50 per working adult
 - ❖ S\$15 per student

SFF APPLICATION PERIOD

- Application Period: 9 Apr-7 May 2017
- Application Form:
 - ❖ Download from www.cefc.org.sg ; OR
 - ❖ Collect from Information Counter
- Submit completed Application Form to Information Counter or Church Office.
- Email to idtadmin@cefc.org.sg for enquiries or financial assistance.
- Closing date: 7 May 2017

"... train yourself for godliness; for while bodily training is of some value, godliness is of value in every way, as it holds promise for the present life and also for the life to come."

An exhortation from Apostle Paul to his disciple Timothy

in 1 Timothy 4:7-8

Invest in your spiritual growth today!

COVENANT EFC