

» COVENANT EAST PICNIC & GAMES

Have you been called to Covenant East? Let's play and bond as a Covenant East Family! Bring your kids and family, and even your pets to a morning of fun, food and fellowship.

Date: 25 Jun (Sat)

Time: 9am–12pm

Venue: East Coast Park

RSVP at <http://tinyurl.com/CEFCEastPicnic>

If you would like to help with food or games, email us by tomorrow:

Food – jessie.quek@hotmail.com

Games – linda.chew@cefc.org.sg

» SERVE IN CHILDREN'S CHOIR

Children's Choir is looking for a volunteer instructor to co-teach a Children's Hand Chimes Ensemble. For more details, contact Shirley Chan at shirleychan60@hotmail.com

» UNIVERSITY BEFRIENDER PROGRAMME

Let's B.L.E.S.S. the Chinese international students who come to study in Singapore with our hospitality. We are looking for families to reach out to them through the University Befriender Programme from **Aug 2016 to Jul 2017**. Drop by our booth at the foyer today to find out more or email missions@cefc.org.sg
Last day to sign up is next Sun, 26 Jun.

» FLORAL OFFERING

Today's floral offering is sponsored by Nancy Gwee as a thanksgiving.

» PRAYER & PRAISE

Singapore is facing an ageing population. Our senior citizens are a treasured group of people and we also want to recognise the important role of caregivers. Mr Kelvin Lee, manager at Touch Caregivers Support, will share some challenges we are facing as an ageing society. Let's come together and keep watch over our elderly and retirees!

Date: 24 Jun (Fri)

Time: 8pm

Venue: WDL Centre

» PARENTING TRAINING

The Bible advocates "discipleship begins at home". We encourage parents to embark on this significant parenting with us!

Parenting with Love

For couples expecting their first baby

Dates: 9 and 16 July (Saturdays)

Time: 12nn–5pm

Venue: BPJ Centre, Chapel

Fee: \$50 per couple

Parenting with Faith

For parents with kids aged 10 years old and below

Dates: 2 Jul – 27 Aug (eight Saturdays)

Time: 3pm–5pm

Venue: WDL Centre, Joy Room

Fee: \$100 per couple

Register at the Information Counter.

» FATHER'S DAY GIFT

The *Dad's for Life Wristband* is available for fathers whose children are not in MOE schools. Collect one from the Information Counter while stocks last!

BUKIT PANJANG 19 JUN 2016

SERVICE LEADER REV WILLIAM WONG // WORSHIP LEADER DAVID CHONG



Fathering with Tears and Joy

BY: PS ADRIAN CHAN, INTEGRATED EQUIPPING

"Today a bride, tomorrow a wife, forever your little princess," these breathtaking words moved my heart when the bride expressed her heartfelt gratitude to her dad, Jeremy Koh. Jeremy and Suan Ai have raised their kids intentionally, and as godly as they know how. Yet Jeremy admitted, "It is really the grace of God that she turned out this way. No amount of parenting will ensure that, though we try!" I am inspired!

In contrast, some of us have not experienced a godly model of fatherhood at home. But it's never too late to re-shape our thinking. Otherwise we may end up raising kids in much the same way as we were raised by our fathers. Dr Josh McDowell advocates these seven A's which can transform family relationships:

Affirmation. Affirming our kids' feelings helps us identify with them, even when we might not fully understand them. We share their joy and disappointment. We communicate that they have valid feelings. Affirmation builds authenticity.

Acceptance. Acceptance builds security. Our unconditional acceptance tells our kids that we love them no matter what happens. They are loved for who they are, rather than for what they do.

Appreciation. Appreciation builds significance. According to Dr McDowell, "while acceptance of young people tells them that their being matters, expressing our appreciation to them says that their doing matters too."

Affection. Affectionate care and closeness build lovability in them. Through loving words and appropriate touch, we tell our kids that they are worth loving. Every child needs to hear from Dad, "I love you."

Availability. Availability builds preciousness and importance. Conversely unavailability says, 'Kid, other things come ahead of you.'

Approach. This means we enter into our kids' worlds, rather than demanding that they operate in their parents' world.

Accountability. We will give a personal account to God someday. Thus we balance improving parent-child connections with establishing loving accountability. Our kids will learn responsibility and how to function securely aided by boundaries.

Parenting humbles us. I have much to grow in these areas. I will make mistakes. But parenting is also a redemptive journey in God. Our prayers and every parenting effort matter much. Those who sow in tears shall reap with shouts of joy (Psa 126:5)! God loves you Dads! Have a joyful Father's Day!



VISION

AUTHENTIC
DISCIPLESHIP
& INTENTIONAL
DISCIPLEMAKING
OF A CERTAIN KIND

VALUES

GRACE
GROWTH
GODLINESS

SERMON OUTLINE



Father's Day

Scripture: 1 THESSALONIANS 1:10-12 Sermon: REV DR TAN SOO-INN

1. Fathers are called to help their children develop their full potential.

2. They do it by modelling.

3. They do it by encouraging.

4. They do it by comforting.

5. They do it by urging.

Next Week's Sermon Speaker:
26 Jun **REV EDMUND CHAN** (BPJ and (WDL)

LAST WEEK'S SERMON SUMMARY



One God, One Church

Scripture: EPHESIANS 4:4-6 // Sermon: PS ANDY LEW

Introduction

In our increasingly individualistic society, Paul urges us as Christ's disciples to be "eager to maintain the unity" that we have in Christ (Eph 4:3).

Why should we make every effort to maintain our unity?

Three Foundational Principles:

A. We Are One Body by the Holy Spirit

"There is one body and one Spirit—just as you were called to the one hope ..." (v.4)

1. "One body" – Paul's favorite biological analogy (Eph 1:22-23; 2:16; 5:23, 29-30; 1 Cor 12:12-26). Every part matters.
2. "One Spirit" – We all have been converted by the same Spirit and called into "one hope" (1 Cor 12:12-13). Serve humbly.
3. Illus: Women's BTW Team to Bandung – one Spirit working across cultures
4. Illus: *A Certain Kind* of humble spirit between Board Members and Senior Pastors.
5. Summary: Serve the body with the *A Certain Kind* of spirit.

B. We Have One Faith in the Lord Jesus Christ

"one Lord, one faith, one baptism" (v.5)

1. "One Lord" – Christ is the head of the body (Eph 1:22-23). The seeds of disunity begin when Jesus takes second place, and our own preferences takes over.
2. "One faith" and "one baptism" – a common faith and a common identity with Christ
3. Illus: Indonesian helpers' baptism
4. Illus: Covenant EFC's core value of balance. Distinguish between fundamental doctrinal issues and non-salvation issues.
5. Illus: April's prayer group for young lawyers from 10 different churches
6. Application: Watch out for seeds of disunity and build up the church.

C. We Are One Family Under God Our Father

"one God and Father of all, who is over all ..." (v.6)

1. "One God" – above the Spirit and Christ is God!
2. "and Father of all, who is over all" – God is the father of all nations (Eph 3:14-15).
3. Illus: 1,389 Camp Covenant participants
4. Illus: Internationals serving at JDOP
5. Illus: Missions Week and University Befrienders
6. Illus: Myanmar boy from Vision Trust. God is the Father to the fatherless.
7. Application: Be engaged in the global disciples in a global church.

Conclusion

As Mr Lee Kuan Yew united the people to transform one nation, let the Church transform the world!