

» 38TH ANNIVERSARY SERVICE

Next Sun, we are celebrating Covenant EFC's 38th birthday as *One Family* with a special combined service. We will also have a children's service for three to ten-year olds.

Date: 4 Sep (Sun)

Time: 9.30am

Venue: Singapore EXPO Hall 1

Please share with us your photos and thoughts on how Covenant EFC is One Family to you! Upload your photos to Instagram and Facebook with the hash tag #OneFamily and tag us @covenant.etc

» SERVE IN NEW LIFE

Do you love children? Come and mentor them at P.A.N.D.A Champs – a character-based mentoring programme for 7 to 10-year-olds.

Dates: 22 Nov–15 Dec every Tues and/or Thu

Time: 9am–1pm

Venue: BPJ Centre

Training will be provided on 27 Oct, 7.30pm–9pm at BPJ Centre, Patience Room.

To register or enquire, contact Cai Aiwei (97167154; caiaiwei@newlife.org.sg) or Lewis Woo (96349457; lewiswoo@newlife.org.sg)

» HOKKIEN MID-AUTUMN OUTREACH

Do you want to reach out to your family and friends who speak Hokkien? Invite them to our Hokkien Mid-Autumn Outreach event!

Date: 10 Sep (Sat)

Time: 7pm–9pm (Buffet starts at 5.45pm on a first-come-first-served basis)

Venue: BPJ Centre

Speaker: Rev Timothy Hoon

Guest Artist: Lina Ng

» COMMUNITY BLESSINGS

Here's an opportunity to B.L.E.S.S. the kids in our community. As we aim to help more kids, we need more tutors for the primary level at the following locations once a week:

- Wednesdays, 7pm–9pm at Block 237, Choa Chu Kang

- Thursdays, 7.30pm–9pm at Block 632A, Senja Road (BPJ)

To sign up or enquire, email vincent.chia@cefc.org.sg

» MEMBERSHIP CLASS

Please sign up at the Information Counter if you wish to attend the next Membership Class.

Date: 24 Sep (Sat)

Time: 9am–4pm

Venue: ACKCentre

BUKIT PANJANG 28 AUG 2016

SERVICE LEADERS PS YAM KENG MUN & PS BARNEY LAU // WORSHIP LEADER PS FABIAN GHUI



Whole Life Inventory: A Discipleship Health Check

BY: REV DR CHUA CHUNG KAI, DIRECTOR, SENIOR PASTOR'S OFFICE

How do we measure the health of a church? How do we know if we are doing well or not in our discipleship? Well, one way we can do so is by measuring the growing number of people in our congregation, or perhaps by the financial giving of our church, or by the number of centres we have. Yet we recognise that these are but proxies. More than the centres and number of people attending the worship service each Sunday, we are more concerned with the kind of Christians we are growing. Are our lives really being changed for Jesus with all the teaching, training, small groups, etc? Also as we move towards 2028, we believe that God has directed our attention to grow the relationships in our families and our young people. How would we know if we are really making any difference in these two areas?

We found a tool administered by *Focus on the Family Singapore* that we believe will give us a better assessment of our spiritual health. The *Whole Life Inventory* is a multi-dimensional instrument developed by Singaporean Christians to assess the health of our local churches. It measures five key areas: Faith, Identity, Relationships, Sexuality, and Values—the very ones we are keen to know ourselves! This inventory has been done by several smaller churches and a large church in

Singapore. Looking at the initial results, we believe it would give us a better measure of the current state of discipleship in our relationships, families, and young people. Winston Churchill once said: "Facts are better than dreams." We will use the facts to alert us and help us chart a better course towards 2028.

This survey is totally anonymous, done online with a church code (to be released next Sunday at our anniversary service), and will take you about 15–30 minutes to complete. It will be open starting on our anniversary service until 25 September. We would like as many Covenanters to take part in this inventory. As long as you see Covenant EFC as your spiritual home, you are welcome to participate. We would like our young people starting from 13 years old to also take this inventory so we can get picture of what's happening. Parents, please help us encourage your teens to do so. Even if your kids are not attending Covenant EFC, they are encouraged to participate so that we can have a clear view of the family.

Once the data is in, they will be processed and Lord willing, we will inform you of our "health status" by end of November this year. Look out for the access code next Sunday and be part of our very first *Whole Life Inventory!*



VISION

AUTHENTIC
DISCIPLESHIP
& INTENTIONAL
DISCIPLEMAKING
OF A CERTAIN KIND

VALUES

GRACE
GROWTH
GODLINESS

COVENANT EFC

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Facebook: www.facebook.com/CovenantEvangelicalFreeChurch

SERMON OUTLINE



Walking Wisely

Scripture: EPHESIANS 5:15–17 Sermon: PS MATTHEW LO

Introduction

A. The Wise Discerns and Redeems the Time (vv.15–16)

B. The Wise Obeys and Understands the Will of God (v.17)

Conclusion

LAST WEEK'S SERMON SUMMARY



God's Wake-up Call

Scripture: EPHESIANS 5:3–14 // Sermon: REV TAN KAY KIONG

Introduction

Recap: Walk Worthy in all our relationships!

Heed God's Wake-up Call:

A. Wake Up from Our Delusion of Lust (vv.3–7)

1. Immorality

Refers to all forms of sexual immorality: fornication, adultery, homosexuality, and any sexual impurities like careless roving eyes and pornography. Why is it that Christians can still be caught in it or addicted to it? In the article "The War Within" written in 1982, three reasons were listed:

- a. Over familiarity with God: confusing God's love and holiness.
- b. Sin saturation: increase in all forms of darkness and normality towards sin.
- c. Job overload: excessive amount of workload cause people to look for sexual relief and pleasure.

Deception: Pornography is harmless. Research shows it destroys your life and marriage.

Truth: It cannot satisfy; it only leaves us thirsty for more.

2. Greed

"A strong desire to acquire more and more material possessions or to possess more things than other people have, all irrespective of need." – *The Louw-Nida Greek-English Lexicon of the New Testament*. We think greed is not our problem. How do we know we are not greedy? Two antidote:

- a. Regular tithing and offering: guide of 10% tithing and giving to the needy.
- b. Spirit of contentment and generosity: contentment is being thankful for what we have; generosity is kindness extended to others even out of our poverty.

Truth: Money will always show you what you worship.

B. Wake Up to Our Destiny as Light (vv.8–14)

1. You have the Fruit of the Light in verse 9: "Goodness – Righteousness – Truth".
2. You will have the Fervency of the Light in verse 10: "And find out what pleases the Lord!"

Plato: "We can easily forgive a child who is afraid of the dark; the real tragedy of life is when men are afraid of the light."

Vision 2028: Whole Life Inventory

Conclusion

Step into the light. Live in the light. Shine the light.